What do you need to bring to your DOT Physical?

Driver's License

Form of Payment (Cash or Credit Card)

Medication List

List of Surgeries and/or Medical Conditions

The name of your Primary Care Doctor

If you are Diabetic: an A1C test that is less than 90 days old and under 10.0%

If you are using a CPAP/BiPAP or have been diagnosed with Obstructive Sleep Apnea: a printed CPAP/BiPAP compliance report, minimum of 30 days and must show 70% compliance

If you have a history of: Heart Attack, Cardiac Bypass Surgery/CABG, Cardiac Stents, A-Fib (Atiral Fibrilation) or Ventricular Arrhythmias you will need a Cardiac Stress Test or Echocardiogram that is less than 2 years old. Please bring in a printed copy of the report.

There are some other less common heart conditions that may require further testing so please call us with any questions.

If you have COPD: you may be required to have a Medical Clearance letter from your Pulmonologist depending on the severity of your case.

If you suffer from a Mental Disorder you may be required to provide a medical clearance letter from your doctor stating your diagnosis, severity, prognosis and ability to operate a CMV safely with this diagnosis/disorder. Please be aware that some mental disorders and some medications used to treat mental disorders (benzodiazepines, hypnotics, neuroleptics, tricyclic antidepressants) will result in a Disqualification.

If you have or have had a Substance Abuse problem: you may be required to provide a medical clearance letter from a Substance Abuse Professional (SAP) and/or letter of completion regarding completed drug/alcohol/substance treatment program. Certain medications used to help treated substance abuse may result in a disqualification (methadone, saboxone, naltrexone, antabuse).

Any other questions regarding a medical condition or what you may need to bring, please feel free to call us at 262-898-8491.